

# FEBRUARY

## toddler activities sensory bins

### VALENTINES DAY SORT

use anything Valentine's Day themed that you can find in the dollar spot/store and put it in the sensory bin with a base of either red rice/pasta or something decorative.

sort items into cupcake liners, themed cups or anything else you have by color or design.

try to add as many different textures as you can -- foam, glitter, plastic, shiny, silky, etc.

### FILL UP YOUR HEART

items needed:

dyed chickpeas (pink, white + red are perfect)

heart shaped cookie cutters

scooper (spoon, measuring cup/spoon)

put the cookie cutters in the bottom of the sensory bin and let your tot scoop the chickpeas from one bin to the other to fill in the heart.

\*you could also use a heart shaped ice cube tray or silicone mold for this

## themed books VALENTINES DAY

Hug Machine by Scott Campbell

I Heart You by Meg Fleming

Love is a Tutu by Amy Novesky

Llama Llama I Love You by Anna Dewdney

Little Blue Truck's Valentines by Alice Schertle

Tiny T. Rex + The Perfect Valentine by Jonathan Stutzman

Peekaboo Love by Camilla Reid

L is for Love by Greg Paprocki

My Fuzzy Valentine by Naomi Kleinberg

I love You Just Like This by Lillian Jaine

Kiss Kiss Pout Pout Fish by Deborah Diesen

Pout Pout Fish Special Valentine by Deborah Diesen

## as a gift

### I LOVE YOU TO PIECES

use the template provided to add cut out red + pink hearts or squares of paper to fill in the heart.

### TINY TOES + BIG HEART

take your babes feet and put two footprints in the shape of a heart on the paper to give to a loved one

### SOME-BUGGY LOVES YOU

behind the head (add antennas + a smile), add fingerprints to make a caterpillar looking bug by alternating between pink + red finger prints for a personalized craft for a grandparents

# FEBRUARY

## toddler activities arts + crafts

### VALENTINES DOUGH

1/4 cup baby lotion

1/2 cup cornstarch

a few drops of red food coloring

\*optional: glitter\*

Mix all the ingredients together in a bowl until it comes together, then knead the dough until smooth. If its too wet.dry, add small amounts of lotion or cornstarch until desired consistency.

### FIZZING HEARTS EXPERIMENT

1 cup of baking soda

¼ cup of water

red food coloring

heart silicone candy mold

pipette droppers

white vinegar

mix the baking soda + food dye in a bowl. add water + stir with spoon until dough is moldable. spoon into molds + press to fill completely. put in freezer for 3+ hours. pop out the hearts + put in baking dish. use pipettes to squirt vinegar on hearts to “melt” them

## snack attack

### CHOCOLATE BANANA SUNDAE BITES

cut a banana into four equal parts (chop off the ends), then put in freezer for 10 minutes to keep firm. dip in chocolate then drop sprinkles onto chocolate. add a dollop or whipped cream/cool whip + a cherry on top

### RAINBOW FROZEN FRUIT YOGURT HEARTS

add yougurt to the top of the heart mold, then top off with diced fruit. Freeze until frozen (3-4 hours), pop out of mold and store in a glass container to enjoy.

### BEETROOT LIGHT + FLUFFY PINK PANCAKES

in a large bowl, mix together 2 cups flour, 2 tsp baking powder, 1 tsp baking soda, 3 tbsp sugar and 1 tsp salt. in a separate bowl, whisk two eggs, 1 tsp vanilla extract, 3 tbsp melted butter and 2 cups buttermilk. add wet ingredient to dry and stir until combined. add 3 tbsp beet root powder. cook on a skillet on low heat for 1-2 minutes on each side