EARIH DA toddler activity guide

by ehrmarciano

hey mama!

I'M HILARY. A BOY + TWIN MOM WHO LOVES TO
HAVE FUN ACTIVITIES PLANNED FOR HER
BABES. I'M PROBABLY EITHER THROWING MY
BOYS IN THE VAN FOR AN ADVENTURE OR
DOING SOME SENSORY OR LEARNING
ACTIVITIES WITH THEM AT HOME. IN BETWEEN,
I'M INSPIRING YOU TO GET OUTSIDE, LOVE
JESUS, APPRECIATE YOUR SPOUSE + BE
PRESENT WITH YOUR KIDS.



real life application

HANG OUT WITH ME ON INSTAGRAM TO SEE HOW I INCORPORATE THESE TYPES OF ACTIVITIES INTO MY LIFE WITH 3 WILD BOYS. I ALSO SHARE OTHER AGE APPROPRIATE LIFE SKILLS (LIKE COOKING + OUR FAVORITE RECIPES), SENSORY BIN IDEAS + OUR EVERY DAY ADVENTURES.



toddler activities

ACTIVITY LIST

Activity Bins:

- 1. Earth Day Sensory Bag
- 2.Earth Day Blue + Green color sort

Play Trays:

- 1. Playdough
- 2. Fizzy Earth Creation

Additional Activities:

- Earth Day coloring pages (4)
- Draw your own Earth page (1)
- Earth dot page (1)

Also Recommend:

- Recycle Sorting Activity
- This free Earth Day crown

PURCHASES

Amazon List

- Wooden Peg People
- Plastic Trees
- Land + sea animals

Dollar Tree

- chip + dip tray
- blue + green beads
- clear hair gel

Sensory Table + Bins

FLISAT from Ikea

Daily Bins

28 quart from Target

Play Tray

THE play tray dupe from Target

SNACK IDEAS

- Earth Day dirt cups
- blue/green sugar cookies
- blue/green popcorn balls
- rice cake with yogurt (frosting) + blueberry + grape toppings

sensory activities

EARTH DAY SENSORY BINS

Our three Earth Day themed bins this week are --

- 1. Clean The Ocean: sort ocean animals + trash
- 2. Plant the Trees: plant trees in the dirt (in real life or in your bin)
- 3. Rock Painting: use blue + green paint to paint rocks like the Earth

EARTH DAY SENSORY BAG

What you'll need:

- ziplock bag
- blue + green beads (or pompoms or buttons)
- hair gel
- water
- sharpies
- tape

Directions:

- Draw the Earth outline on the bag (including land + water areas)
- add beads, hair gel + water to bag (the beads need to move easily)
- flatten the bag + seal it with tape
- let your child sort the beads into the appropriate color spaces



BOOKS WE LOVE

- I am Earth by by James McDonald
- I Can Save the Earth! by <u>Alison</u> Inches
- Biscuits Earth Day Celebration by <u>Alyssa Satin Capucilli</u>

sensory bin breakdown

CLEAN THE OCEAN

What you'll need:

- sensory bin or large bin
- water
- blue food dye
- water animals
- trash (paper, lids, plastic, etc)
- spoons, scoops, net, etc

Directions:

- add water + "trash" to the sensory
 bin
- let your child(ren) sort the trash by taking it out of the water with their net (or scoop)
- discuss what items belong in the ocean + which ones belong in the trash cans

PLANT THE TREES

What you'll need:

- sensory bin or large bin
- real or fake dirt (recipe below)
- plastic trees, pictures of trees, cardboard trees
- shovel (or you can use hands)

Directions:

- use your shovel to dig small holes to plant your fake trees in the "dirt" in your sensory bin
- read a book, listen to a youtube video, or watch a short clip on planting trees and how trees are beneficial to us as humans
- This is <u>one video</u> I have used before

ROCK PAINTING

What you'll need:

- rocks or stones
- water based blue + green paint
- paint dish, condiment cups, paper plate
- paint brush
- cup of water

Directions:

- let your child paint the rock using blue + green paints.
- i find it easiest to squirt a little paint on a paper plate and let them use it from there. Make sure to have 2 paint brushes or a cup of water to wash off brushes

activity bins

BLUE + GREEN SORT

What you'll need:

- blue + green items of differing sizes and textures (pom poms, buttons, pouch lids, paper scraps, etc)
- activity bin with lid
- two plates or bowls (for sorting)

Directions:

- using their hands or scoops, let your child(ren) sort the items on to the two separate plates by color
- talk about how when we are talking about the earth, the green usually represents land and the blue usually represents water

*to uplevel this activity, add animals in and discuss which belong on land/sea

NUMBER MATS

What you'll need:

- playdough or pom poms for counting
- number mat download

Directions:

- form your play dough into small balls and use them to mark how many "balls" are needed for each number on the corresponding play mat
- work with your child to count between 1-10 using different objects you could find

EARTH DAY COLORING SHEETS + DOT MARKER SHEETS

- Get crafty with your coloring of these fun Earth Day pages.
- Decorate your own Earth using markets, crayons, colored pencils, construction paper, wrapping paper, tissue paper, or any other blue + green materials that you have on hand.
- decorate an Earth Day crown to wear around

play trays

EARTH DAY PLAY DOUGH PLAY TRAY

What you'll need:

- green, blue + white playdough
- animal (land + sea) figurines
- plastic trees
- sticks + leaves
- rocks (all sizes)
- wooden peg people (optional)
- play tray

Directions:

- use a play tray to spread out all of the materials available to play with
- leave the play dough in an easy accessible location for them to get more as needed
- sit back + watch them create or chat about what they are doing with the materials

EARTH DAY PLAY TRAY

Fizzy Earth Creation

What you'll need:

- baking soda (enough to fill bottom of tray in thin layer)
- white vinegar (1/2 cup in each of two cups)
- blue + green food dye
- pipettes
- play tray

Directions:

- 1. fill the bottom of the play tray with baking soda.
- 2. add vinegar to two cups + put blue food dye in one + green in the other
- 3. use the pipettes to design your "earth" and watch it fizz

VIRTUAL FIELD TRIP IDEAS

learn more about the Earth + about parts of it through these videos

The Amazon Rainforest

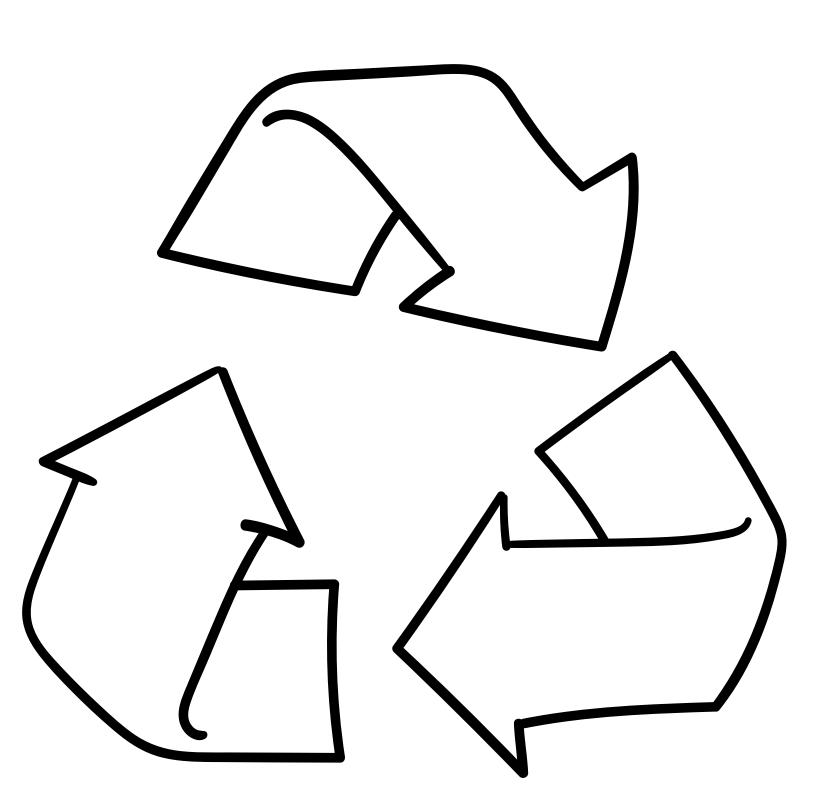
The Great Barrier Reef

Mount Everest

Antartica

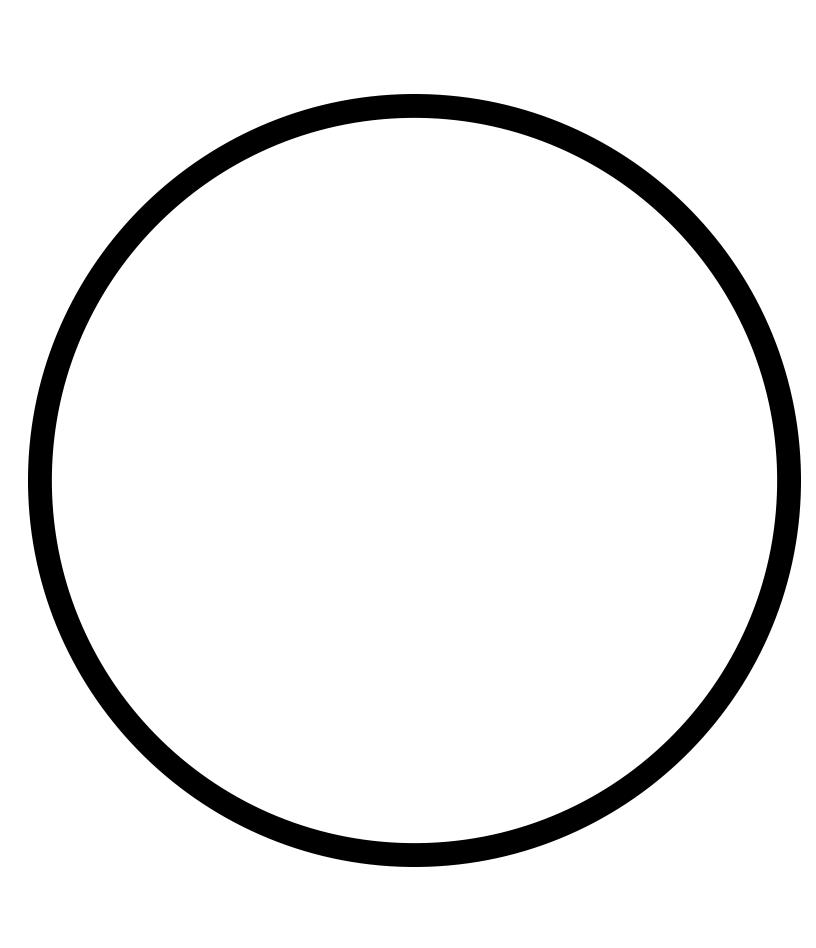
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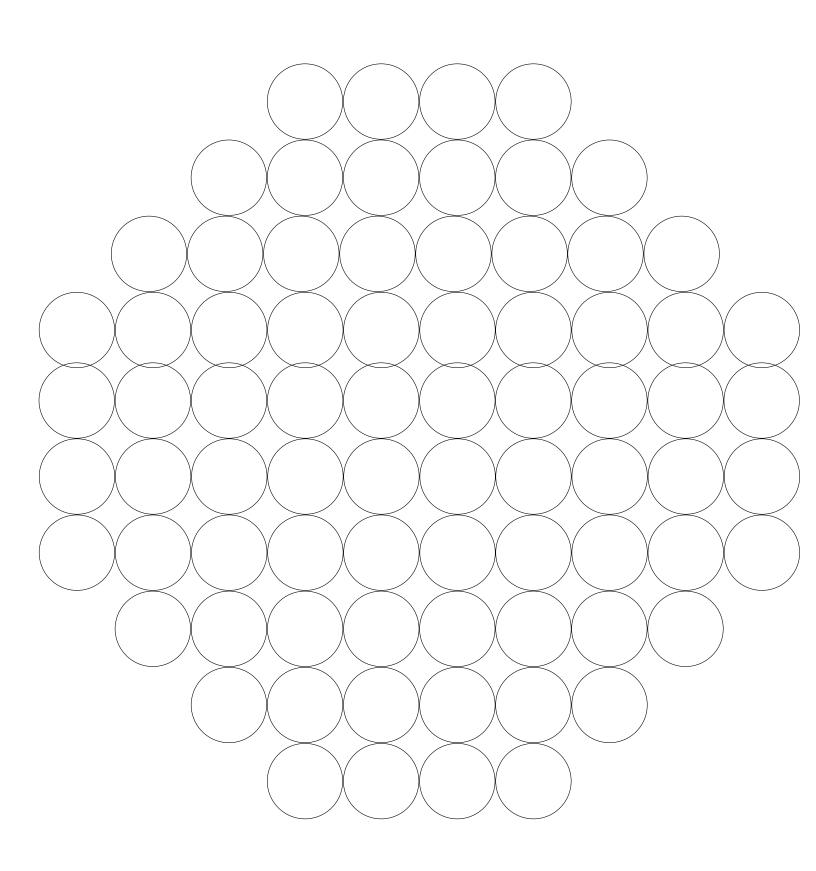












thank you

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WEEKLY TODDLER ACTIVITIES COMING SOON

